



**Rh** REVOLUÇÃO  
HUMANA

# A Revolution

Rh is a search for human existence in the ethereal place of what has been and what will be. It is the movement of the human dream, where, in the night, the paths of the future are built with the memories of the past, questioning choices and desires, starting points and exit routes.

Rh wants to build trajectories of returns that aspire to be progress, movements of forces that are as opposite as they are equal, as interior as they are exterior, as singular as they are plural. It's any one of us. It starts from a natural order of events that take us to places where human revolution is sought.

> [Promotional Video](#)



# Artistic Note

In this show, the positions of each performer are rethought, the narratives are altered and the shock and confrontation, both with oneself and with everyone else, are emancipated.

The human revolution is, in its most fundamental sense, the main catalyst for a change capable of inciting reactions and circumstances that reflect human and collective behaviour. The nature of each one of us imbues society with a sense of transition.

In the poetry sung by José Mário Branco in "A Noite", Rh addresses essential and soulful questions. We try to find human common ground, where turmoil and instability can trigger change.



## The Community

On stage, seven dancers, with and without disabilities, join the local community, made up of people of various ages, from 12 to 90. This intergenerational community presents various proposals for multiple human revolutions, with diversity and inclusion being present through the strength of many in body with a single goal, LET'S GO!

# Dancers



## Bruno Rodrigues

Graduated from Escola Superior de Dança and Instituto Superior Técnico. Is a member of UNESCO's International Dance Council, trainer and teacher of contemporary dance, creative dance, improvisation and inclusive dance. He is the pedagogical and artistic coordinator of CIM and the pedagogical manager of the MOVE YOUR SKILLS training programme and the staging and artistic/actor direction of Immersive Gaming.



## Diletta Bindi

Dancer, choreographer, Pilates teacher and personal trainer. Trained in ballet and Matt Mattox technique at Teatrodancecompany. In Portugal, she has worked as a performer with various artists, and with Sara Montalvão, she produced 'Sombras' (2019). During the pandemic, launched an online training platform. She also organises creative movement labs for children in Italy and continues to dance as a performer in contemporary dance.



## Emilia Parol

Polish dancer and performer with a degree in sociology, trained in contemporary dance at AWF Poznań (Poland) and FMH, ESMAE (Portugal). She completed the FAICC course with Companhia Instável. Performed in works by Ana Mula and Rui Paixão. She stood out at Serralves em Festa 2023 with works by Marcelo Evelin and Alessandro Carboni. Co-creator and performer in the short play "Total Playing Time".



## Javier Lusarreta

He is one of the only Spanish dancers with Down's Syndrome who went to the Professional Dance Conservatoire to begin professional studies, challenging the concept of inclusive education. His pioneering attitude has led him to several national (ASSIDO 2005-2017; Cía. Así Somos since 2017; Cía. Danzo since 2021) and international (Indepen-Dance Glasgow, 2017-2019; CIM Lisboa 2024) artistic productions.



## Joana Gomes

She studied Information Science at the University of Porto and attended a professional training course in administration at ACAPO. Her first dance experience was with the European project Fragile. Has been a member of CiM since 2013. Between 2013 and 2021 she worked in production and dissemination at Vo'Arte. She currently takes part in dance/movement training programmes and projects.



## Maria Pinto Figueiredo

Joined the APPACDM Occupational Activities Centre in Ajuda. In 2015 joined the 'Pé de Dança' group, a dance company run by APPACDM Lisboa. She was a member of the 'Two Feet' group, partnership project with EDAK, which ended with her certification as a dancer by UNESCO's International Dance Council in 2016. In 2017 she joined CiM and is currently part of the professional cast.



## Noé Quintela

Multidisciplinary artist, Artistic Director and founder of NO é Artes Performativas. Master's student in Choreographic Creation at ESD. He has collaborated with Benvindo da Fonseca, Inês Bernardo, Gonçalo Lobato, Cátia Esteves, Nicolas Cantillon and Laurence Yadi, Martim Pedroso, Rui Massena and recently Ana Rita Barata. He is currently preparing his next creation, "The Hierarchy of Fear!"

# Cast and Crew

## ARTISTIC DIRECTION

Ana Rita Barata e Pedro Sena Nunes

## COREOGRAPHY

Ana Rita Barata

## DANCERS

Bruno Rodrigues, Diletta Bindi, Emília Parol, Javier Lusarreta, Joana Gomes, Maria Pinto e Noé Quintela

## MUSIC

Jorge Queijo

## DRAMATURGY SUPPORT

João Cunha

## SCENIC AND COSTUME DESIGN

Marta Carreiras

## SEAMSTRESS

Aldina Jesus

## TAI CHI AND KUNG FU TEACHER

Marco Gonçalves, Associação de Artes Marciais Yang Portugal

## TRAINING WITH THE LOCAL COMMUNITY

Ana Rita Barata

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## TECHNICAL COORDINATION

Pedro Sena Nunes

## LIGHT DESIGN AND OPERATION

Pedro Machado

## TECHNICAL SUPPORT

Nuno Rua

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## VIDEO DIRECTION

Pedro Sena Nunes

## VIDEO FOOTAGE

Nuno Madeira

## AUDIO RECORDING

Nuno Rua

## EDITING

João Dias

## PROMOTIONAL MATERIALS

Alice Soares

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## PHOTOGRAPHY

João Pedro Rodrigues

## GRAPHIC DESIGN

Inês Chaubert

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## PRODUCTION MANAGEMENT

Inês Baptista

## CIM EXECUTIVE BOARD

A. Barata

## CIM EXECUTIVE COORDINATION

Célia Carmona

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## CO-PRODUCERS

ACERT - Associação Cultural e Recreativa de Tondela, Casa da Cultura de Santa Comba Dão, Teatro Municipal da Guarda, Teatro-Cine de Gouveia

## CREATION SUPPORT

Estúdios Victor Córdon, Rumo do Fumo, Soudos - Espaço Rural de Artes, Pro.Dança, Biblioteca de Alcântara - José Dias Coelho

## SUPPORT

Associação Paralisia Cerebral de Lisboa, CRPCCG - Centro de Reabilitação de Paralisia Cerebral Calouste Gulbenkian - SCML, Fundação GDA

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## SPECIAL THANKS

José Maria Belo, Henrique Garcia (treinador de Rugby), GDD Rugby - Grupo Desportivo Direito, Luís P. Malaquias (Osteopata), Manuel Mourão, Paulo Neto (Apoio Luz ACERT), Ricardo Leão (Apoio Som ACERT), José Rui Martins (Director ACERT), José Abrantes (Produção ACERT), Marta Costa (Produção ACERT),

Raquel Costa (Produção ACERT), Luís Brito (Apoio Som Casa da Cultura Santa Comba Dão), Sílvio Simões (Apoio Técnico Casa da Cultura Santa Comba Dão), Manuela Carlos (ETIC), Nuno Bento (ETIC), Rui Medeiros (ETIC), João Albano (Rumo do Fumo)

## ASSOCIATED STRUCTURES

CMAD - Conservatório de Música e Artes do Dão, APPACDM de Santa Comba Dão, ASSOL (Oliveira de Frade), VÁRIOS (Tondela), CERCIG (Guarda)

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## INSTITUTIONAL PARTNER

Câmara Municipal de Lisboa

## CREATION

CIM - Companhia de Dança

## PRODUCTION

Vo'Arte

## VO'ARTE IS A STRUCTURE FINANCED BY

República Portuguesa - Cultura, Juventude e Desporto / Direção-Geral das Artes

# CiM - Companhia de Dança

Created in 2007, CiM - Companhia de Dança is an 18-year-old project that contributes to the social and professional integration of people with and without disabilities, as an active agent in the performing arts.

Its main activities are the creation and circulation of shows, as well as educational training through regular classes and rehearsals, workshops, and other training activities.

Through a pioneering approach and the collaboration of various professionals, CiM provides its performers with access to culture, promoting the acquisition of knowledge and the development of personal and social skills. The aim is to empower each performer to exercise citizenship assertively, assuming their rights and duties and contributing to responsible community participation.

CiM's repertoire includes 15 shows, performed in more than 35 cities in Portugal and 14 countries abroad, involving more than 100 artists with and without disabilities. The training component is also significant: CiM has held more than 50 workshops, with more than 2,500 participants, and its artistic journey has been shared with more than 300,000 spectators.

CiM's goal is to disseminate, share and replicate experiences with different communities, institutions and stakeholders through awareness-raising actions. The company continues to explore new aesthetic domains and choreographic styles, questioning the body, its form and its limits, as well as the methods of working with it, always focusing on artistic and professional quality and the training of performers.



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Creation

CIM COMPANHIA DE DANÇA

Production

vo'arte 35

Structure Financed by

REPÚBLICA PORTUGUESA  
CULTURA, COMUNIDADE E PATRIMÓNIO

deARTES  
TEATRO, DANÇA, ARTE VISUAL

Co-Production

ASSOCIAÇÃO CULTURAL E RECREATIVA DE FONSELA

SANTO DOMINGOS DE RAS

TIG  
TEATRO MUNICIPAL DE LISBOA

GUARDA

Co-Production

Teatro Cine de Gouveia

ESTRELA  
GOUVEIA

Creation Support

opart

TEATRO DO BOJO

FUMO

PRO-DANÇA

LISBOA BLX LISBOA

etic

Supports

apcl

CENTRO DE REABILITAÇÃO DE PARALISIA CEREJRAL  
SANTA CASA

LISBOA

Promotion Support

Infraestruturas de Portugal